Preschool-Kindergarten
(This section provides information on children from birth to age six.)

Head Start
A description is provided of Head Start, a comprehensive child development program that serves children from birth to age five as well as information for supporting a child in a Head Start program. Information is available in English and Spanish.
http://eclkc.ohs.acf.hhs.gov/hslc/For%20Parents

A list is provided of Head Start programs located in Virginia. Information is available in English and Spanish.
http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices

School Readiness
Guidelines and information are included on a child's cognitive development from infancy to age five as well as health and safety tips, information on biliteracy, and advice for parents of special needs children. Information is available in English and Spanish.
http://www.yic.gov/earlychildhood/index.html
(Spanish) http://www.yosipuedo.gov/earlychildhood/index.html

Information is included to help increase children's literacy as well as a family fun guide, literacy tips, a community resource guide, online stories, downloadable activities, and podcasts. Information is available in English and Spanish.
http://www.leeyseras.net/

Kindergarten-Grade 12
(This section provides information on children enrolled in kindergarten through twelfth grade.)

Reading Support
Resources are age appropriate and include whole family activities that are provided from *Reading Is Fundamental*, a nonprofit literacy organization that motivates children to read. Information is available in English and Spanish.
http://www.rif.org/parents/
(Spanish) http://www.rif.org/leer/index_flash.mspx

Suggestions and ideas are provided for parents to become involved at their children's schools, helping children to read, and taking an active role in helping children learn at home. Information is available in English and Spanish.
http://www.colorincolorado.org/families
(Spanish) http://www.colorincolorado.org/familias

Resources are provided for reading with children, choosing television programs wisely, finding answers to parenting questions as well as games, activities, and projects that help enhance children's reading skills.
http://www.pbs.org/readytolearn/parents/index.html

Educational Support
A guide is provided for Latino parents to improve their children's education as well as suggestions on helping children and working with other parents. Information is available in English and Spanish.
http://www2.edtrust.org/NR/rdonlyres/1213B912-0419-4504-8D7E-414106C22D5C/0/imprvgeduLatino.pdf
(Spanish) http://www2.edtrust.org/NR/rdonlyres/CCF44357-B41F-4483-BB57-D2F3D25565B9/0/imprvgeduLatino_Espanol.pdf

Resources are provided on keeping children safe online when using computers; translating children's cyberlanguage; talking to children's teachers; research reports on family and education; and information on behaviors and learning opportunities that children may experience. A Hispanic scholarship directory is included.
http://www.nea.org/parents/nearesources-parents.html

Advice is provided to help children succeed in elementary school. Information is available in English and Spanish.
http://www.yic.gov/elementary/index.html
(Spanish) http://www.yosipuedo.gov/elementary/index.html

Resources from *It's My Life* (Public Broadcasting Service, PBS Kids) are included on friends, family, school, health, emotions, and financial management as well as child-parent discussion questions. Information is available in English and Spanish.
http://pbskids.org/itsmylife/parents/index.html
(Spanish) http://pbskids.org/itsmylife/espanol.html

Kindergarten-Grade 12 (continued)
(This section provides information on children enrolled in kindergarten through twelfth grade.)

Online videos include information from the Sylvan Learning Center, a provider of private tutoring for students in preschool through grade twelve, on back-to-school preparation, report cards, summer learning, and building children's confidence in learning.
http://www.learningtips.com/video/slclink.htm

Homework Support
Documents are included from the series *Helping Your Child* that provide information on subject areas (mathematics, science, and history), homework, early adolescence, and reading. Information is available in English and Spanish.
http://www.ed.gov/parents/academic/help/hyc.html
(Spanish) http://www.ed.gov/espanol/parents/academic/hyc-esp.html

A document is provided that contains homework advice for parents. Information is available in English and Spanish.
http://www2.edtrust.org/NR/rdonlyres/D4E5129E-1D36-453A-ABAB-CB44B61D630D/0/Homework.pdf
(Spanish) http://www2.edtrust.org/NR/rdonlyres/91C38BC7-D17C-4333-BE41-E7BE58D29B04/0/latarea.pdf

Advice and resources are provided to help children succeed in school as well as guidance for homework completion, answers to commonly asked questions, and a reference to tutoring under the federal *No Child Left Behind Act of 2001* (NCLB). Information is available in English and Spanish.
http://www.ed.gov/parents/academic/help/partnership-tips.html
(Spanish) http://www.ed.gov/espanol/bienvenidos/es/index.html?src=gu

Parent-School Support
Brochures are available on parent-school relationships, parent-child relationships, increasing children's literacy, and accessing community resources. Information is available in English and Spanish.
http://www.ncela.gwu.edu/pubs/flame/

Information is provided about the Parent Teacher Association (PTA), a school-based student advocacy association to ensure a quality education and nurturing environment for every child. Information is available in English and Spanish.
http://www.pta.org/
(Spanish) http://www.pta.org/spanish/index.asp

Kindergarten-Grade 12 (continued)
(This section provides information on children enrolled in kindergarten through twelfth grade.)

Graduation/College Preparation
A guide is provided on graduation requirements, information for transfer students, answers to frequently asked questions, and information on *Project Graduation,* a program that provides remedial academies, online tutorials, electronic practice tests, and opportunities to help students complete high school competency standards after their senior year.
http://www.doe.virginia.gov/2plus4in2004/index.shtml

Resources are provided to help students plan for college, prepare for college entrance exams, find the right college, learn how to apply to college, and learn how to finance a college education. Information is available in English and Spanish.
http://www.yic.gov/secondary/index.html
(Spanish) http://www.yosipuedo.gov/secondary/index.html

Information is provided on Advanced Placement (AP) tests and Scholastic Aptitude Tests (SAT) for college entrance as well as registration, preparation, test dates, student loans, and financial aid calculators. Information is available in English and Spanish.
http://www.collegeboard.com/splash/
(Spanish) http://www.collegeboard.com/enespanol/

Resources are provided on preparing for college, financing a college education, and selecting the right college.
http://www.acenet.edu/Content/NavigationMenu/ProgramsServices/CIP/Default896.htm

Information is provided on the Test of English as a Foreign Language (TOEFL) as well as registration, facts about the test, and testing locations.
http://www.ets.org/portal/site/ets/menuitem.fab2360b1645a1de9b3a0779f1751509/?vgnextoid=69c0197a484f4010VgnVCM10000022f95190RCRD

Individual Student Alternative Education Plan (ISAEP)
Information as well as enrollment requirements and policies are included on the Individual Student Alternative Education Plan (ISAEP). The ISAEP is a program for students 16 to 18, who are enrolled in high school programs and are not experiencing success in a regular classroom environment.
http://www.vdoe.vi.virginia.gov/instruction/adulted/equivalency/isaep.shtml

Special Education
A document is provided that helps the reader understand special education law, process, parental rights, and procedural safeguards. Information is available in English and Spanish.
http://www.pen.k12.va.us/VDOE/Instruction/Sped/parent_guide.pdf
(Spanish) http://www.pen.k12.va.us/VDOE/Instruction/Sped/parent_guide_spanish.pdf

Kindergarten-Grade 12 (continued)
(This section provides information on children enrolled in kindergarten through twelfth grade.)

Standards of Learning (SOL)
Virginia's expectations for student learning and achievement in kindergarten to grade twelve are included in English, mathematics, science, history and social science, technology, the fine arts, foreign language, health and physical education, and driver education.
http://www.doe.virginia.gov/VDOE/Superintendent/Sols/home.shtml

Adult Secondary
(This section provides information for adults interested in earning a high school credential.)

Adult Secondary Programs
Information is provided on adult secondary programs and diplomas available in Virginia.
http://www.doe.virginia.gov/VDOE/Instruction/Adult/gae.html

General Educational Development (GED)
Information is provided on contacting a local General Educational Development (GED) program, locating a GED testing center, ordering GED publications, and reviewing guidance for taking tests.
http://www.acenet.edu/AM/Template.cfm?Section=GEDTS

Information is provided by the Virginia Adult Learning Resource Center on English for Speakers of Other Languages (ESOL), General Educational Development (GED) program, learning disabilities, technology, and workforce education.
http://www.valrc.org/

Postsecondary
(This section provides information for adults interested in education beyond high school.)

Career Colleges and Technical Schools
Resources are provided on the questions to ask before entering career colleges and technical schools, finding and selecting a school, and financing an education.
http://www.ed.gov/students/prep/college/consumerinfo/questions.html

College Tips
Guides are provided for college success, academic achievement in college classes, and choosing a major or field of study. Information is available in English and Spanish.
http://www.yic.gov/postsecondary/index.html
(Spanish) http://www.yosipuedo.gov/postsecondary/index.html

Postsecondary (continued)
(This section provides information for adults interested in education beyond high school.)

Financial Aid (continued)
Information is provided for applying for college, financial aid, and scholarships as well as helping the reader choose an appropriate college and career. Information is available in English and Spanish.
http://studentaid.ed.gov/PORTALSWebApp/students/english/index.jsp
(Spanish) http://studentaid.ed.gov/PORTALSWebApp/students/spanish/index.jsp

Information is given on accessing financial aid, repaying loans, loan consolidation, and checking the history of previously received financial aid.
http://www.ed.gov/finaid/landing.jhtml?src=rt

Additional Parent Resources
(This section provides information for parents regarding English language classes, childcare, community information, education, financial assistance, health, nutrition, parenting skills, and translators/interpreters.)

Adult English as a Second Language (ESL)
Information is provided on English language programs for adult learners in Virginia.
http://www.englishinusa.com/Virginia.html

Childcare
A search is provided to locate licensed childcare facilities as well as a particular facility in Virginia.
http://www.dss.virginia.gov/facility/search/licensed.cgi

A guide is provided on the types of childcare. Information is included on touring childcare facilities as well as selecting quality childcare.
http://www.dss.virginia.gov/family/cc/guidelines.cgi

Community
Information is provided on the volunteer services and tutoring program of Refugee and Immigration Services (RIS) of the Catholic Diocese of Richmond, an office that assists immigrants by helping them build new lives in a community.
http://www.richmonddiocese.org/ris/index.htm

Information is provided on immigration assistance.
http://www.nccbuscc.org/mrs/howtogethelp.shtml

Education
Teaching and learning resources (arts and music, health and physical education, history and social studies, language arts, math, and science) are included from federal agencies.
http://www.free.ed.gov/index.cfm

Additional Parent Resources (continued)

(This section provides information for parents regarding English language classes, childcare, community information, education, financial assistance, health, nutrition, parenting skills, and translators/interpreters.)

Education (continued)

A brochure is provided on why, how, and when children should learn a second language.
http://www.cal.org/resources/pubs/whyhowwhen_brochure.pdf

Financial Assistance

Information is provided for eligible Virginia residents on the types of financial assistance for adults that the Virginia Department of Social Services (VDSS) provides, the eligibility requirements, and how to apply.
http://www.dss.virginia.gov/benefit/

Health

Information is provided on parenting topics (e.g., child development, discipline, intelligence, safety, and siblings) from Discovery Health Parenting Center.
http://health.discovery.com/centers/kids/kids.html

Information is provided on the Smiles for Children dental care program. The site also includes enrollment and dental provider information, Smiles for Children contracts, and a dentist locator.
http://www.dmas.virginia.gov/dental-home.htm

Information is provided on Family Access to Medical Insurance Security (FAMIS), including general information, eligibility requirements, health plans, how to apply, and answers to commonly asked questions. Information is available in English and Spanish.
http://www.famis.org/
(Spanish) http://www.famis.org/welcome.cfm?lang=Spanish

Information is provided on the Comprehensive Health Investment Project (CHIP) of Virginia, which provides medical services and outreach through home visits, health supervision, and family support.
http://www.chipofvirginia.org/

Links are provided to free clinics and other health organizations in Virginia.
http://www.vafreeclinics.org/links.asp

A free guide to childhood immunizations from the Centers for Disease Control (CDC) is available.
http://www.cdc.gov/vaccines/pubs/parents-guide/default.htm

Information is provided for parents of children with hearing loss. Information is available in English and Spanish.
http://www.vahealth.org/hearing/resourceguide.pdf
(Spanish) http://www.pen.k12.va.us/VDOE/sped/SpanishHearingGuide.pdf

Additional Parent Resources (continued)
(This section provides information for parents regarding English language classes, childcare, community information, education, financial assistance, health, nutrition, parenting skills, and translators/interpreters.)

Health (continued)

Sources of information and support are provided for parents who have children with Attention Deficit/Hyperactive Disorder (AD/HD). Information is available in English and Spanish.
http://www.chadd.org/AM/Template.cfm?Section=Especially_For_Parents
(Spanish) http://www.chadd.org/AM/Template.cfm?Section=Especially_For_Espanol

Nutrition

A list is provided of local school nutrition program contacts in Virginia.
http://www.vdoe.vi.virginia.gov/instruction_ss/nutrition/resources/nutrition_programs_dir.shtml

Answers are provided to frequently asked questions regarding school nutrition.
http://www.vdoe.vi.virginia.gov/instruction_ss/nutrition/resources/faqs.shtml

A description is given of school nutrition programs in Virginia: the National School Lunch Program, School Breakfast Program, After-School Snack Program, Summer National School Lunch Program and Summer School Breakfast Program, Summer Food Service Program, and the Seamless Summer Option.
http://www.pen.k12.va.us/VDOE/Finance/Nutrition/programs.html

Information is provided on the Virginia Women, Infants, and Children (WIC) program and Community Nutrition Services. These programs provide high-quality nutritional care and food to their participants.
http://www.vahealth.org/WIC/

Online nutrition videos are featured from ABC News on topics such as anorexia, boosting the immune system, lunches for kids, and overweight kids.
http://www.wadsworth.com/nutrition_d/templates/student_resources/0534622267_whitney/ABC_streams/vid_jump.html

Parenting Skills

Resources are included for reducing parenting stress, parent-child communication, discipline, safety, growth and development, and school and child care. Information is available in English and Spanish.
http://onetoughjob.org/?gclid=COSjwoal5owCFQKmIgodkhFQ1A
(Spanish) http://onetoughjob.org/sp/default.aspx

Online videos from the *Keeping Kids Healthy* series include information on social, mental, and health issues that affect children and teens.
http://www.thirteen.org/homepage/promos/kidshealth.html

Additional Parent Resources (continued)

(This section provides information for parents regarding English language classes, childcare, community information, education, financial assistance, health, nutrition, parenting skills, and translators/interpreters.)

Parenting Skills (continued)
Online videos from the *Parenting and Beyond* Web site provide information on social, safety, mental, and health issues that affect children and teens.
http://www.fivestarproductions.com/parentingandbeyond/video_cat_results.asp?CompType=OR&SearchParam=Music%20Mathematics%20Reading%20School%20Uniforms%20Smoking%20Gun%20Safety%20Tutoring%20College%20Tuition%20Foreign%20Languages&Category=Educ

Translators/Interpreters
An online directory is provided for translating interpreting services as well as a list of language service companies.
http://www.atanet.org/onlinedirectories/

Frequently asked questions relating to foreign language translation and interpretation are found in this document.
http://www.pen.k12.va.us/VDOE/Instruction/ESL/translationFAQ.pdf

Information is provided on the role of the interpreter as well as a registry of interpreters and links to interpreting service providers for the deaf.
http://www.deaflinx.com/Interpreting/agencies.html

A list is provided of contacts for health care interpreters who translate for patients in medical settings (hospital, doctor's and dentist's offices).
http://www.ncihc.org/hciaus.aspx

Resources for School Personnel

(This section provides information for administrators, teachers, and counselors.)

English Language Learners (ELLs)
A handbook for school administrators and teachers is available that includes information on English as a Second Language (ESL) definitions, administrative issues, responsibilities and the law, identification, assessment and placement, and curriculum and instruction.
http://www.doe.virginia.gov/VDOE/Instruction/Language/eslbook.pdf

A document is included that features strategies for teaching English to Limited English Proficient (LEP) students as well as information on second language acquisition research; misconceptions about language learners; cultural differences in the classroom; strategies for teaching language arts and content area subjects; informal assessment and assessment accommodations for LEP students; and instructional strategies for LEP students.
http://www.doe.virginia.gov/VDOE/Instruction/ESL/LEPenglishResource.pdf

Resources for School Personnel (continued)
(This section provides information for administrators, teachers, and counselors.)

English Language Learners (ELLs) (continued)
A document is included on strategies for teaching mathematics to Limited English Proficient (LEP) students as well as information on second language acquisition research; misconceptions about language learners; cultural differences in the classroom; strategies for teaching mathematics; assessment accommodations for LEP students; and mathematics resources for LEP students.
http://www.doe.virginia.gov/VDOE/Instruction/ESL/LEPmathResource.pdf

Information is available on Limited English Proficient (LEP) student data as well as translated documents, a calendar of English as a Second Language (ESL) events, and resources for administrators and ESL teachers.
http://www.doe.virginia.gov/VDOE/Instruction/ESL/

Multilingual/Multicultural Awareness
A brochure is included that provides information about working together to build a multilingual society.
http://www.cal.org/resources/pubs/multilingual_brochure.pdf

A brochure is included on beginning and maintaining Spanish for Native Speakers (SNS) programs designed specifically for the educational needs of Spanish speakers.
http://www.cal.org/resources/pubs/sns_brochure.pdf

The Refugee and Immigration Services of the Catholic Diocese of Richmond provides information on multicultural training to increase understanding of different cultural perspectives.
http://www.richmonddiocese.org/ris/index.htm

Parent and Community Involvement
A document is provided with information on increasing parent involvement of Limited English Proficient (LEP) students as well as information on the importance of parental involvement, the federal requirements under Title III of the *No Child Left Behind Act of 2001* (NCLB), barriers to parental involvement, strategies for promoting parental involvement, and state parental involvement initiatives.
http://www.doe.virginia.gov/VDOE/Instruction/ESL/increasing-LEP-parent-involvement.pdf

Resources are included for involving parents and community, targeting specific populations, and state-level programs and policies. Information is available in English and Spanish.
http://www.ncela.gwu.edu/resabout/parents/
(Spanish) http://www.ncela.gwu.edu/resabout/parents/espanol.htm

Resources for School Personnel (continued)

(This section provides information for administrators, teachers, and counselors.)

Translators/Interpreters

Answers are provided to frequently asked questions regarding foreign language translation and interpretation.

http://www.doe.virginia.gov/VDOE/Instruction/ESL/translationFAQ.pdf